



Your Post-COVID-19 Visit Checklist

- You will need an appointment for ALL exam and/or optical services
 - Selecting glasses, glasses delivery with adjustment, problems and repairs
 - **There are NO WALK-IN services available**
- We will ask you screening questions when you make your appointment and when you check in:
 - **Within the last 14 days, have you or a household member had close contact with a person who tested positive for COVID-19?**
 - **Do you have a cough and shortness of breath or difficulty breathing?**
 - **Do you have at least two of the following: a fever in the past 72 hours, sore throat, chills, repeated shaking with chills, headache, muscle pain, new loss of taste or smell?**
- We will ask you to text a photo of both sides of your insurance card(s) to **(978) 475-5252**
- We will ask to activate your Patient Portal with a valid email address
- **Curbside Waiting Room:**
 - Text us at **(978) 475-5252** to check in from your car. If you do not have texting capabilities, call us at that number.
 - Receptionist will verify your information and screen you again for COVID-19
 - Doctor will obtain reason for visit and review your medical history
- **Enter the office ALONE**
- **Put on a face mask before entering the office and wear it during your entire visit**
- Use hand sanitizer upon entering the office
- Receptionist will take your temperature with a forehead thermometer
- Receptionist will guide you to the exam room or to the optical desk
- **Your appointment with optical will be a maximum of 30 minutes**
 - If you need more time, we will ask you to take photos of yourself with the different frames you are considering and review them at home with your family, then call us with a final decision
 - Please do not pick frames from the displays yourself – the optician will do it for you
- Payment if preferable by contactless credit card or ApplePay/GooglePay

We thank you for your understanding and patience with our new procedures!