



Your Post-COVID-19 Visit Checklist

- You will need an appointment for ALL exam and/or optical services
 - Selecting glasses, glasses delivery with adjustment, problems and repairs
 - If you are here for an exam, you will be able to select glasses after your exam
 - **There are NO WALK-IN services available**
- We will ask you COVID-19 screening questions when you make your appointment and when you check in:
 - **Within the last 14 days, have you tested positive for COVID-19 or had close contact with a person who tested positive for COVID-19?**
 - **Do you have any symptoms of COVID-19 including fever of 100.0° or higher in the past 72 hours, cough, difficulty breathing, shortness of breath, chills, muscle or body aches, fatigue, sore throat, headache, congestion or runny nose, new loss of taste or smell, nausea or vomiting, or diarrhea?**
 - **Have you traveled outside of New England in the last 14 days?**
- We will ask to activate your Patient Portal with a valid email address. This is a HIPAA-compliant way we can communicate with you, including sending you your prescriptions
- **Curbside Waiting Room:**
 - Text us at **(978) 475-5252** to check in from your car. If you do not have texting capabilities, call us at that number.
 - Receptionist will verify your information and screen you again for COVID-19
- **Enter the office ALONE**
- **Put on a face mask before entering the office and wear it during your entire visit**
- Use hand sanitizer upon entering the office
- Receptionist will take your temperature with a forehead thermometer
- **Receptionist will scan your insurance card(s) so please have them at hand.** Receptionist will ask you to read and sign other forms as necessary.
- Receptionist will guide you to the exam room or to the optical desk
- When looking for a new pair of glasses, please do not pick frames from the displays yourself – the optician will do it for you
- Payment if preferable by contactless credit card or ApplePay/GooglePay

We thank you for your understanding and patience with our new procedures!